



**November 2021**

# BELL SCHEDULE

Block 1	7:59 – 9:12 am
Block 2	9:16 – 10:29 am
FLEX	10:29 – 10:58 am
Block 3	11:02 am – 12:15 pm
LUNCH	12:15 pm – 12:55 pm
Block 4	12:59 pm – 2:11 pm
Block 5	2:15 pm – 3:27 pm

# Are you interested in becoming an Executive?

SuccessSpeak Society is a non-profit student-led organization aimed at inspiring youth in their confidence in public speaking

**Deadline is Nov 8th, 2021**

**Application QR Code:**



**Check out our  
Instagram for more  
info:  
[@successspeakociety](https://www.instagram.com/successspeakociety)**

# MOVE4MANA EVENTS CALENDAR NOV 1 TO NOV 15

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	TIKTOCK CHALLENGE (WHOLE WEEK) <sup>1</sup>	 <sup>2</sup>	MANA KAHOOT (LUNCH) <sup>3</sup>	GR 11 MUSICAL CHAIRS (LUNCH) <sup>4</sup>	TEACHER VS STUDENT DODGEBALL <sup>5</sup>
4	TREASURE HUNT (WHOLE WEEK) <sup>8</sup>	GR 9/10 MUSICAL CHAIRS (LUNCH) <sup>9</sup>	SCAVENGER HUNT (LUNCH) <sup>10</sup>	NO SCHOOL <sup>11</sup> <sup>12</sup>	
5	FINAL TEAM EVENT <sup>15</sup>				

**GET ACTIVE AND LOG YOUR POINTS**

MOVE4MANA LUNCH EVENT #3: WEDS, NOV 3



# MANA KAHOOT!



## *Instructions:*

- Kahoot! game on **MANA** facts
- Projected in the grand hall

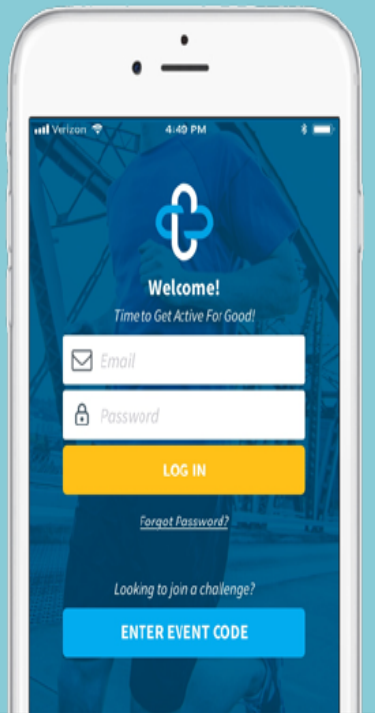
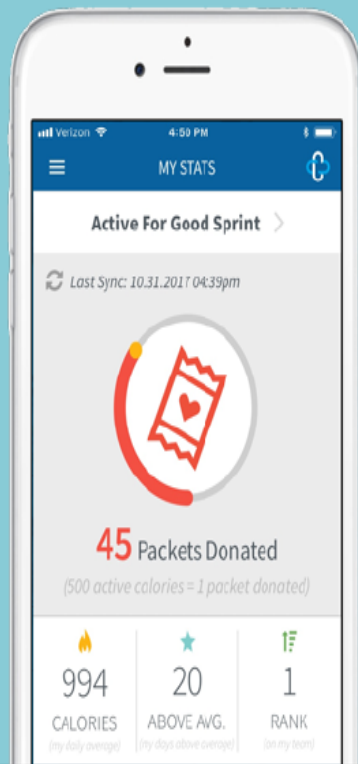
## *PRIZES:*

AirPods Pro  
2x \$15 Starbucks  
gift card

***HOPE TO SEE YOU ALL THERE!***



# Need help With the Active 4 Good app?



MOVE4MANA TECH TEAM WILL BE  
AVAILABLE TUES AND THURS  
DURING FLEX IN THE COMPUTER  
LAB TO ANSWER ANY QUESTIONS!



# Bisexual

Being bisexual means you are romantically and/or sexually attracted to more than one gender. It is not a perfect split, people can often prefer one gender more than an other.



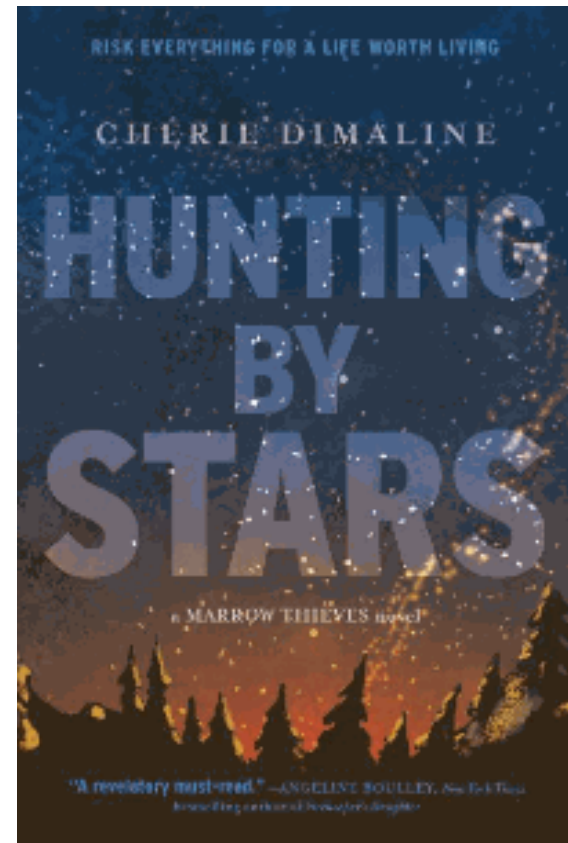
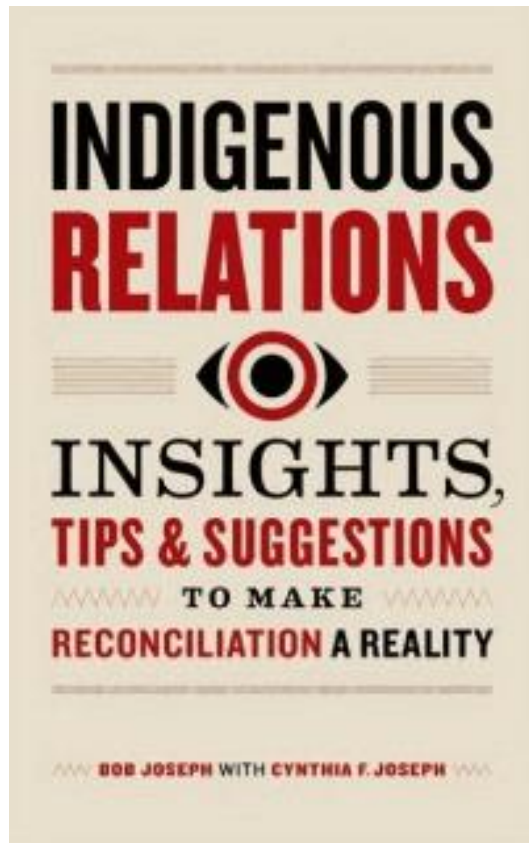
Kodiak Pride

# Pansexual

Pansexual is when you are romantically and/or sexually attracted to people, regardless of their gender or sex.

Pansexual people are often attracted to all genders, but don't see the gender as a factor in their attraction to someone.





# New Books

**HWSS LIBRARY**

# KODIAK ATHLETICS

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# SWIM TEAM

YEARBOOK GROUP PHOTO IN THE GYM

NOV. 3, START OF LUNCH.

NO NEED TO WEAR SWIMWEAR



# CLUBS



# **KODIAK KONNECTED**



**FIND FRIENDS**

**MEET NEW PEOPLE**

**START A CONVERSATION**

Are you new to the school or want to make new friends?

Want a place to hang out at lunch?

Come to room 109 on Tuesdays!

Kodiak Konnected is a safe space for all students.

We have board games, snacks and a comfortable atmosphere.

You are welcomed.

# Join Model United Nations!

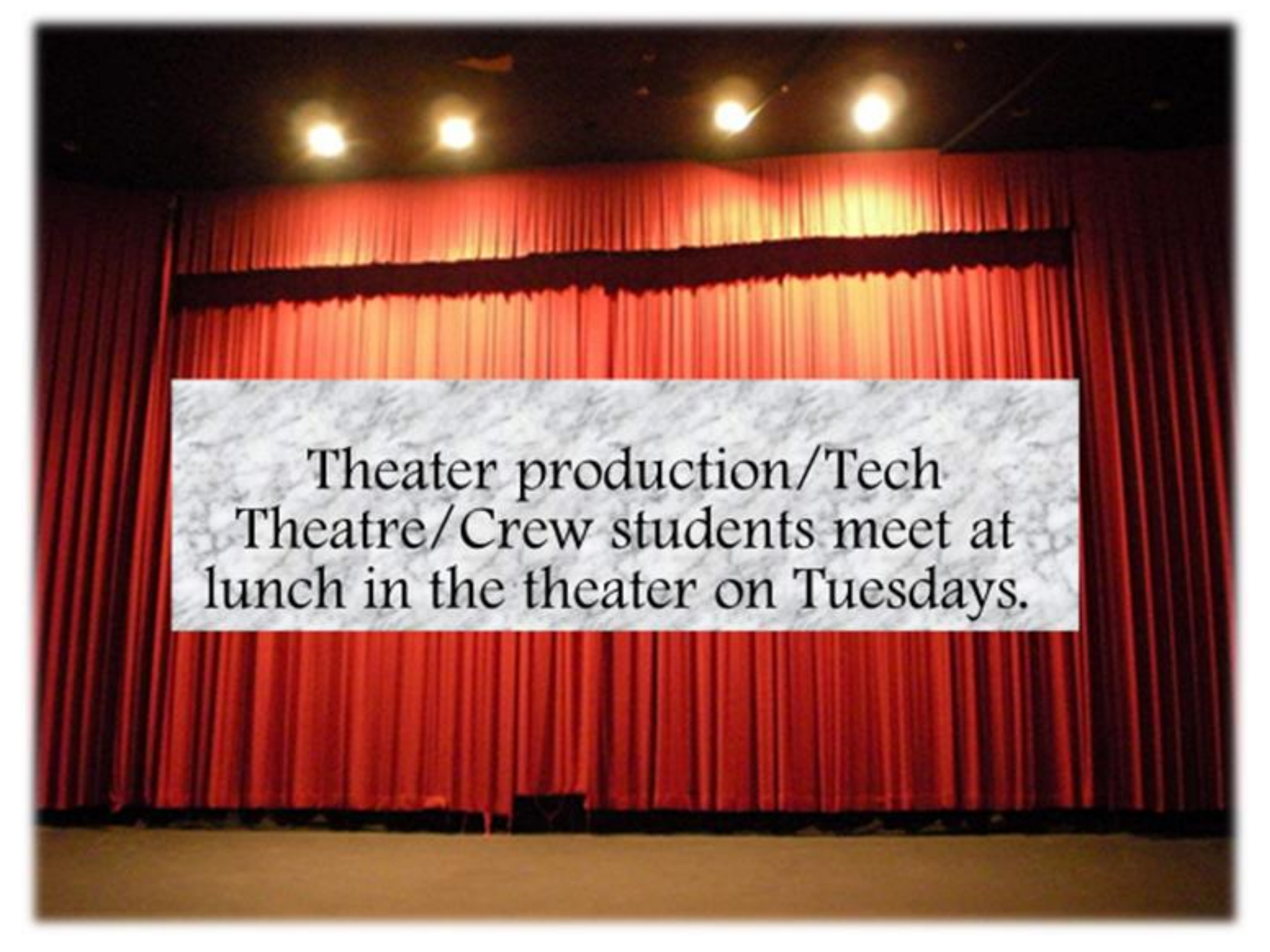


- Learn to strategize and debate!
- Gain public speaking skills!
- Become familiar with real world events!
- Great for university applications 😊

- Meet at Lunch
- **Tuesday's**
- **Room 235**

Scan the QR code to  
sign up!



A photograph of a theater stage. The stage is covered with a large, vibrant red curtain that hangs in deep, vertical folds. Above the curtain, four bright stage lights are visible, casting a warm glow. The floor of the stage is a dark, polished wood. In the center of the stage, there is a small, dark rectangular object, possibly a prop or a piece of furniture. The overall atmosphere is that of a classic theater setting.

Theater production/Tech  
Theatre/Crew students meet at  
lunch in the theater on Tuesdays.



# Waterlution Club Photography Contest

Tuesday, October 26th - Friday, November 12th

- Take a picture of a water body
- Accompany it with 1-2 sentences reflecting on:
  - *How water sustains wildlife, your community, or how it's involved in your life*
- Submit to [hwsswaterlutionclub@gmail.com](mailto:hwsswaterlutionclub@gmail.com)  
by Nov. 12

Two winners will be given a  
\$25 MEC gift card each!

winners will be contacted on November 15th



# CAREER CENTER



## **UPCOMING MAJOR SCHOLARSHIP INTERNAL NOMINATION DEADLINES:**

**Queen's University Chancellor's Scholarship: Friday Nov. 05 12:30pm**

- Applications for nomination due to Ms. Butler or Mrs. Martin no later than the posted deadlines.
- Incomplete application will not be considered!
- Nomination application are on the career centre website Finances/Award page
- <http://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/FinancialAid.aspx#/=>

**\*\*Please watch Ms. Butler's Power Point on the Career Centre TV for up-to-date information on all post-secondary events\*\***

<b>DATE</b>	<b>TIME</b>	<b>POST-SEC</b>	<b>LINK</b>	<b>OTHER</b>
<b>Nov. 02</b>	<b>6:00 PM</b>	<b>McGill</b>	<a href="https://mcgill.zoom.us/j/96285218683"><u>https://mcgill.zoom.us/j/96285218683</u></a>	
<b>Nov. 03</b>	<b>6:00 PM</b>	<b>Queen's</b>	<a href="https://queensu.zoom.us/s/93294867963?pwd=b0ZJcDAwUHo4QTkyVINBaklHNEM2QT09"><u>https://queensu.zoom.us/s/93294867963?pwd=b0ZJcDAwUHo4QTkyVINBaklHNEM2QT09</u></a>	passcode is required: 334353 <b>Must pre-register</b>
<b>Nov. 04</b>	<b>4:00 PM</b>	<b>York</b>	<a href="https://yorku.zoom.us/webinar/register/WN_FLj10ADFRgG-ab4Dy-HoSA"><u>https://yorku.zoom.us/webinar/register/WN_FLj10ADFRgG-ab4Dy-HoSA</u></a>	
<b>Nov. 04</b>	<b>6:00 PM</b>	<b>SFU Beedie School of Business</b>	<a href="https://www.eventbrite.com/e/sfu-beedie-sd43-webinar-registration-171551213297"><u>https://www.eventbrite.com/e/sfu-beedie-sd43-webinar-registration-171551213297</u></a>	

<b>Nov. 8</b>	<b>6:00 pm</b>	<b>Western Ivey HBA</b>	<b>Students Registration:</b> <a href="https://www.tfaforms.com/4914685">https://www.tfaforms.com/4914685</a>  <b>Students can access our HBA Program virtual brochure and other digital resources on our site, located here:</b> <a href="#">View HBA Program Brochure</a> <a href="#">View HBA Employment Report</a>	
<b>Nov. 09</b>	<b>6:00 PM</b>	<b>Guelph International</b>	<a href="https://zoom.us/j/99324538890">https://zoom.us/j/99324538890</a>	<b>For international students ONLY</b>
<b>Nov. 10</b>	<b>5:00 PM</b>	<b>SFU</b>	<a href="https://sfu.zoom.us/j/61943246531?pwd=a0tSVkV2aGtNdU1sdUttUUVaVXhxQT09">https://sfu.zoom.us/j/61943246531?pwd=a0tSVkV2aGtNdU1sdUttUUVaVXhxQT09</a>	
<b>Nov. 10</b>	<b>6:00 PM</b>	<b>Kwantlen Polytechnic (KPU)</b>	<b>Zoom link:</b> <a href="https://zoom.us/j/95633790122">https://zoom.us/j/95633790122</a>	
<b>Nov. 15</b>	<b>5:00 PM</b>	<b>BCIT</b>	<a href="https://bcit.zoom.us/j/63469931227?pwd=WTJ3YXpwVEE4QmEveGlQc0tiUWNvUT09">https://bcit.zoom.us/j/63469931227?pwd=WTJ3YXpwVEE4QmEveGlQc0tiUWNvUT09</a>	<b>Meeting ID:</b> <b>634 6993 1227</b> <b>Password:</b> <b>176322</b>
<b>Nov. 16</b>		<b>Western</b>	<b>Pre-registration will be required.</b> <a href="https://westernuniversity.zoom.us/webinar/register/WN_KgwzgKTFSHS2SJDUB-nt0w">https://westernuniversity.zoom.us/webinar/register/WN_KgwzgKTFSHS2SJDUB-nt0w</a>	
<b>Nov. 16</b>	<b>4:30 pm</b>	<b>UBC Sauder</b>	<a href="https://ubc.zoom.us/meeting/register/u5Eqcu-rqj8jHdAG4j-GawtnjNetDg9bu1Fj">https://ubc.zoom.us/meeting/register/u5Eqcu-rqj8jHdAG4j-GawtnjNetDg9bu1Fj</a>	

<b>DATE</b>	<b>TIME</b>	<b>POST-SEC</b>	<b>LINK</b>	
<b>Nov. 17</b>	<b>6:00 pm</b>	<b>Trinity Western University</b>	<a href="https://twu.zoom.us/j/95964488292">https://twu.zoom.us/j/95964488292</a>	Meeting ID: 959 6448 8292 One tap mobile
<b>Nov. 18</b>	<b>lunch</b>	<b>U Calgary in Grand Hall</b>	<b>Table in Grand Hall for students to speak to recruiter</b>	
<b>Nov. 22</b>	<b>6:00 PM</b>	<b>U Ottawa</b>	<a href="https://uottawa-ca.zoom.us/j/95275063926?pwd=eFpKMnRUdUZRVnV3RDRZQmMybDNYQT09">https://uottawa-ca.zoom.us/j/95275063926?pwd=eFpKMnRUdUZRVnV3RDRZQmMybDNYQT09</a>	
<b>Nov. 23</b>	<b>5:00 PM</b>	<b>SFU</b>	<a href="https://sfu.zoom.us/j/62831430600?pwd=a2VMdDNnV0ViNlkrAi96RlB5ckRhdz09">https://sfu.zoom.us/j/62831430600?pwd=a2VMdDNnV0ViNlkrAi96RlB5ckRhdz09</a>	
<b>Nov. 23</b>	<b>5:00 PM</b>	<b>U Calgary</b>	<b>not yet available</b>	
<b>Nov. 24</b>	<b>6:00 PM</b>	<b>Douglas College</b>	<b>not yet available</b>	
<b>Dec. 02</b>	<b>6:00 PM</b>	<b>U Alberta</b>	<a href="https://my.demio.com/ref/dbRBeiF3WRXtenhD">https://my.demio.com/ref/dbRBeiF3WRXtenhD</a>	
<b>Dec. 08</b>	<b>lunch</b>	<b>U Alberta IN LIBRARY LAB</b>	<b>for grade 12 students ONLY in the Library Computer lab</b>	
<b>Various</b>	<b>4 - 7 pm</b>	<b>Canadian University Event</b>	log on to <a href="https://cuebc.org/">https://cuebc.org/</a> to access events. Events Sept. 30, Oct, 2, 4, and 5th	
<b>Various</b>	<b>various</b>	<b>PSBC Mini Fair</b>	log on to <a href="http://www.postsecondary.bc.ca">www.postsecondary.bc.ca</a> to access events various dates until early December	

# VOLUNTEER OPPORTUNITIES

